# Agenda Item 3



Minutes of a meeting of the Health and Wellbeing Board held at County Hall, Glenfield on Thursday, 28 January 2021.

# **PRESENT**

# Leicestershire County Council

Mr. L. Breckon CC (in the Chair)

Mrs. D. Taylor CC

Mike Sandys

Mrs. C. M. Radford CC

Jane Moore

Mike Sandys

Jon Wilson

# Clinical Commissioning Groups

Dr Ahyow Dr Lakhani Andy Williams Caroline Trevithick

# **District Councils**

Cllr. J. Kaufman Cllr. P. King Jane Toman

## In Attendance

Mark Wightman University Hospital of Leicester

Lord Willy Bach Office of the Police and Crime Commissioner

Ch Supt Adam Streets Leicestershire Police

Harsha Kotecha Healthwatch Leicestershire
Helen Thompson Leicestershire Partnership Trust

#### Apologies

Mr. R. Blunt CC, Hayley Jackson, John Sinnott, Dr. Vivek Varakantam and Mukesh Barot

# 251. Minutes of the previous meeting.

The minutes of the meeting held on 26 November 2020 were taken as read, confirmed and signed.

# 252. <u>Urgent Items.</u>

There were no urgent items for consideration.

## 253. Declarations of Interest.

The Chairman invited members who wished to do so to declare any interest in respect of items on the agenda for the meeting. Cllr Kaufman declared a personal interest in the substantive items on the agenda as his son worked for NHS England.

## 254. Position Statement by the Chairman.

The Chairman presented a position statement on the following matters:-

- The crucial work being undertaken by health, social care and community partners during the ongoing coronavirus pandemic.
- The 'Its down to us' media campaign which had seen partners work together to produce a range of communications to encouraging residents to play their part in controlling the spread of coronavirus.
- The Joint Strategic Needs Assessment chapters published during the 2018 21 cycle and the two outstanding chapters which were due to be completed in the next year.
- The Start a Conversation and Mental Health Campaigns which signposts to a range of wellbeing or mental health support for adults locally and nationally, collated on the Start a Conversation website.
- Weight Management Service which continues to be raising awareness of the service and its free, personalised support over the phone and online.
- The Leicestershire Warm Homes Fund Project which was working with E.ON to provide people across the region with free, first-time gas central heating installation.

A copy of the position statement is filed with these minutes.

# 255. Technology Enabled Care.

The Health and Wellbeing Board considered a report of the Director of Adults and Communities concerning the diagnostic work undertaken to explore opportunities to maximise the use of technology enabled care (TEC) across the adult social care pathway. A copy of the report, marked 'Agenda Item 5', is filed with these minutes.

The Director said that a commissioning exercise undertaken with Hampshire County Council, which had a strong track record in implementing TEC within its social care offer, had highlighted the fragmented nature of the current social care pathway across the County. He added that there was an eagerness amongst practitioners within the Council for change which would be based on service user outcomes.

He added that based on the diagnostic work undertaken, the County Council's Cabinet would be asked to approve the proposal to commission a county wide transformation approach - establishing a new service with the responsibility for providing TEC to those people who were eligible for adult social care.

In response to questions from members, the following points were noted;

- The County Council had been in discussion with district council colleagues with regard to the development of the new approach. The new offer would complement existing services, which were already delivering vital provision across the County. Work would continue to explore how the new service could incorporate the offer being provided by the Lightbulb Project. It was suggested that a TEC pilot could be undertaken to aid understanding before the full service was introduced.
- The Council was not seeking to introduce a response service as part of the commissioning exercise and it was therefore important the new provision aligned to the existing provision delivered by partners. The Council would work closely with providers to ensure this happened.
- The NHS were piloting the use of technology in homes to help people with their health and wellbeing. There was an opportunity for social care and health to work together to provide technological solutions which could deliver multiple outcomes of care.
- When introducing new technologies, consideration would need to be given to those service users who were reluctant to embrace new technology to ensure their needs continued to be met.

#### RESOLVED:

- a) That the findings of the diagnostic work undertaken to explore opportunities to maximise the use of Technology Enabled Care (TEC) as summarised in paragraphs 17 and 18 of the report be noted;
- That is be noted that the conclusions of a detailed business case and recommendations concerning the proposed approach to deliver TEC in Leicestershire will be considered by the Cabinet on the 5 February 2021;
- c) That is be noted that a further update will be considered by the Board later in 2021.
- 256. Recommendations and Actions arising from the Healthwatch report concerning Child and Adolescent Mental Health Services in Leicester and Leicestershire.

The Board considered a report of the Leicestershire Partnership Trust (LPT) which provided an update on the progress to address concerns arising from Healthwatch Leicester and Leicestershire's report concerning Adolescent Mental Health Services (CAMHS) in Leicester and Leicestershire. A copy of the paper marked 'Agenda Item 6' is filed with these minutes.

It was noted that the Healthwatch report, which had sought to evaluate service users' experiences of the referral process and their treatment/plan of care, had culminated in nine recommendations. As a result, LPT had developed an improvement plan and the report detailed the progress made against each of the recommendations.

Arising from discussion the following points were noted:

- As a result of the Service's response to the coronavirus pandemic, and a substantial increase in referrals, it had been unable to make significant progress in reducing the length of wait times post the initial assessment. Currently, the majority of initial urgent assessments were seen within the target of 4 weeks, with the majority of routine appointments being undertaken within the target of 13 weeks. In response to concerns regarding the length of time many service users had to wait, particularly as in many cases young people were not accepted onto the CAMHS referral list immediately and had therefore been experiencing mental health issues for a period of time before their treatment began, it was noted that all crisis referrals, which were considered higher priority than urgent cases, continued to be assessed within two hours, with a further follow up undertaken within 24 hours. The Government's Long-Term Plan set an ambition that all young people would have access to support within four weeks and that would be phased in within the next five years alongside the Mental Health Investment Standard
- Whilst the first assessment undertaken following a CAMHS referral did not constitute the start of treatment, the initial assessment did provide users with psychoeducation and signposting for self-help whilst they waited for treatment.
- The local Clinical Commissioning Groups had commissioned a Triage and Navigation System in May 2020 which had created a single point of access for such referrals, directing patients to the correct place. The new system was also able to direct service users to step down services once their time with CAMHS had concluded.
- There was a concern that the increased levels of young people requiring support
  with mental health issues was placing substantial pressures on services across
  the County. The systems collective response to the rise in mental health need
  would be discussed at the Children and Young Peoples Design Group.
- LPT continued to work hard to improve services. The Government's plans to
  improve the emotional and mental health needs for children and young people
  focused on additional resource at the early intervention and help stage of the
  pathway. In line with this approach, The Mental Health Support Teams in Schools
  programme for Leicester, Leicestershire and Rutland would bring additional,
  targeted mental health expertise to more than 60 schools in the region benefiting
  some 24,000 pupils and their teachers.
- LPT was not the sole provider of services which supported children with emotional and mental health needs. Work to strengthen the early intervention offer provided by Relate and online counselling provision delivered by Kooth had been undertaken and the system as a whole was working together to review and refresh its approach.
- Work was ongoing with partners in order to deliver the system wide transformation programme which would improve the pathway to ensure children entered the system at the right point and were escalated for diagnosis where appropriate. The Children and Young Peoples Design Group had oversight of the Transformation Programme which would inform a demand and capacity analysis of the system, produce a delivery model based on the available resource, and highlight any potential gaps.

- The benefits of CAMHS users being able to continually receive help from the same specialist was clear, as was the timely turnaround of reports/updates for the young people and their families. Work would continue to try and ensure that this could happen wherever possible.
- In reference to the recommendation arising from the lack of people using public transport to attend CAHMS appointments, it was noted that those specific findings were based on only one individual's feedback. It was acknowledged that some service users were reluctant to use public transport and consideration was being given to as to how the Service utilised different forms of contact to ensure it remained accessible for all.

#### **RESOLVED:**

That Leicestershire Partnership Trust's response to the findings of the Healthwatch report concerning Specialist Child and Adolescent Mental Health Services in Leicester and Leicestershire be noted.

## 257. Better Care Fund Plan 2020/21.

The Board considered a report of the Director of Adults and Communities which sought approval for the Leicestershire Better Care Fund (BCF) Plan for 2020/21 due to be submitted to NHS England before the end of the financial year. A copy of the report marked 'Agenda Item 7' is filed with these minutes.

- a) That the BCF Plan, including the associated expenditure, for 2020/21 for submission to NHS England be approved;
- b) That should there be any further changes to guidance or funding allocations which require minor amendments to the BCF Plan, the Chief Executive of Leicestershire County Council, following consultation with the Chairman of the Health and Wellbeing Board, be authorised to finalise the BCF Plan and submit to NHS England;
- c) That it be noted that the NHS Policy Statement did not set national metrics for 2020-21.

## 258. Better Care Fund Section 75 Agreement Approval and Assurance.

The Board considered a report of the Director of Adults and Communities which sought approval for a revised Leicestershire Better Care Fund (BCF) section 75 (s75) agreement for 2020/21. A copy of the report marked 'Agenda Item 8' is filed with these minutes.

- a) That the work undertaken to refresh the s75 pooled budget agreement for the BCF be noted;
- b) That the continuation of s75 pooled budget arrangements between Leicestershire County Council, East Leicestershire and Rutland and West Leicestershire Clinical Commissioning Groups (CCGs) be approved.

## 259. Healthwatch Leicester and Leicestershire Update.

The Board considered a report of Healthwatch Leicester and Healthwatch Leicestershire which provided an outline of the current structure at the organisation and plans for 2021.

It was noted that one of Healthwatch's focus areas for 2021 would be to evaluate how patients viewed potential changes to the way in which some health services would be provided post Covid-19 and to ensure the patient perspective was at the forefront of considerations as new ways of healthcare delivery were implemented.

#### RESOLVED:

That Healthwatch Leicester and Leicestershire's approach to promoting the needs of patients and communities across Leicester and Leicestershire be noted.

# 260. Date of next meeting.

It was noted that the next meeting of the Health and Wellbeing Board would be held on Thursday 27 May 2021 at 2.00pm.

{This meeting was subsequently cancelled}

2.00 - 3.30 pm 28 January 2021 **CHAIRMAN**